

Informed Consent for Monovision Contact Lenses for:

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MONOVISION CONTACT LENS WEAR

Presbyopia and Monovision

You have been examined and diagnosed as having presbyopia. Presbyopia is a condition where it is difficult to focus on close objects and reading material. This condition is common, and in fact normal, in individuals over the age of forty. One alternative to correct your vision and presbyopia is monovision contact lenses. Monovision means wearing a contact lens of one eye to see well at distance and wearing a contact lens on the other eye to see well up close. With monovision contact lenses one eye is clear at distance and the other eye is blurry whereas one eye is blurry up close and the other eye is clear, respectively.

Benefits of Monovision

The primary benefit of monovision contact lens wear is the convenience of not having to wear glasses. Contact lens wear has many benefits versus eyeglasses including appearance, enhanced peripheral vision, ease of wear during sports and in some cases better visual acuity.

Risks of Monovision

The primary risk associated with monovision contact lens wear is that there is a reduction in the sensitivity to depth perception. This means that in certain tasks, such as driving a car, your normal ability to perceive the distance of various objects may be impaired, especially when first getting used to monovision contact lenses. Therefore, you should use caution when driving or engaging in other hazardous activities while wearing monovision contact lenses. In fact, you should wear your glasses while driving or engaging in other hazardous activities until you are fully adapted to monovision contact lenses. You should inform your employer that you are wearing monovision contact lenses. Some occupations may prohibit wearing monovision contacts.

There is no guarantee that you will be able to wear and adjust to monovision contact lenses. Clinical studies have shown the success rate of monovision is about 80%. About 20% of patients who try monovision contacts are unable to adapt to monovision; these patients may however choose to have their vision corrected with an alternative method listed below.

Alternatives to Monovision

The alternatives available to monovision contact lens wear include:

- Wearing bifocal, trifocal or progressive addition (no line bifocal) eyeglasses. This method provides virtually 100% success in vision correction.
- Wearing contacts that correct for distance only and using reading glasses over top of the contacts for close up work. With this method potential for problems in vision correction are small, but you must use glasses to read up close.
- Wearing bifocal contact lenses.

Having read this informed consent form and having had the opportunity to ask and receive answers to any questions regarding monovision contact lenses I hereby request to be fit with monovision contact lenses and accept the risks associated therewith.

Patient's Signature

____/____/_____
Date